

September 2010 ~ Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug 29 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 11:30 Short Walk W/C – I 1:00 Walking Club - B 1:30 Bingo – I	Aug 30 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 11:30 Short Walk W/C – I 1:00 Walking Club - B 1:30 Bingo – I	Aug 31 Beauty Shop - H 10:00 Exercise--H 10:30 Exercise --B 11:00 Catholic Communion 11:00 Exercise—I 1:15 Bingo – H	1 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 5:00 FAIR	2 9:15 Ethical Discussion 9:30 Library 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 11:30 Lunch Club – HIB 1:00 Vegetable Garden - I Beauty Shop – B <i>Fair Raindate</i>	3 9:00 Church Service – B 10:00 Church Service - I 10:00 Exercise—H 10:30 Exercise --B 11:00 Church Service - H 11:00 Exercise—I 1:00 Walking Club - H 1:30 Bingo - B	4 1:30 Saturday Matinee - HIB
5	6 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 11:30 Short Walk W/C – I 1:30 Bingo - I 1:00 Sing Along B	7 Beauty Shop – H 10:00 Exercise--H 10:30 Exercise --B 11:00 Catholic Communion 11:00 Exercise—I 11:30 Short Walk W/C – I 1:00 Euchre – I 1:00 Bridge - B 1:15 Bingo – H 3:00 Tai Chi – HIB	8 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I Beauty Shop – I 1:00 Walking Club - I 3:00 shopping - HIB	9 9:15 Ethical Discussion 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 11:30 Lunch Club – H I B 11:30 Short Walk W/C - I 1:00 Vegetable Garden – I Beauty Shop - B	10 9:00 Church Service – B 10:00 Church Service - I 10:00 Exercise—H 10:30 Exercise --B 11:00 Church Service - H 11:00 Exercise—I 1:00 Walking Club - H 1:30 Bingo - B	11 1:30 Saturday Matinee – HIB
12	13 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 11:30 Short Walk W/C – I 1:00 Walking Club – B 1:30 Bingo - I 5:30 Ice Cream Social - B	14 Beauty Shop – H 10:00 Exercise--H 10:30 Exercise --B 11:00 Catholic Communion 11:00 Exercise—I 11:30 Short Walk W/C- I 1:00 Euchre – I 1:00 Bridge - B 1:15 Bingo – H 5:30 Ice Cream Social – I	15 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I Beauty Shop – I 1:00 Walking Club - I 5:30 Ice Cream Social – H	16 9:15 Ethical Discussion 9:30 Library 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 11:30 Lunch Club – H I B 11:30 Short Walk W/C – I 1:00 Vegetable Garden - I Beauty Shop - B	17 9:00 Church Service – B 10:00 Church Service - I 10:00 Exercise—H 10:30 Exercise --B 11:00 Church Service - H 11:00 Exercise—I 1:00 Walking Club - H 1:30 Bingo - B	18 1:30 Saturday Matinee - HIB

<p>19</p>	<p>20 10:00 Exercise-H 10:30 Exercise – B 11:00 Exercise-I 11:30 Short Walk W/C – I 1:00 Walking Club- B 1:00 Sing Along - H 1:30 Bingo – I 1:00 Foot Care Clinic- HIB</p>	<p>21 Beauty Shop – H 10:00 Exercise--H 10:30 Exercise --B 11:00 Catholic Communion 11:00 Exercise—I 11:30 Short Walk W.C- I 1:00 Euchre – I 1:00 Bridge - B 1:15 Bingo – H 1:00 Short Story/Discus - B 2:00 Short Story/Discuss-I 3:00 Tai Chi - HIB</p>	<p>22 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 1:00 Walking Club – I 3:00 Heavenly Sounds Performance – I & B 5:45 Heavenly Sounds Performance - H Beauty Shop – I</p>	<p>23 9:15 Ethical Discussion 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise--I 11:30 Lunch Club – H I B 11:30 Short Walk W/C – I 1:00 Vegetable Garden - I Beauty Shop – B</p>	<p>24 9:00 Church Service – B 10:00 Church Service - I 10:00 Exercise—H 10:30 Exercise --B 11:00 Church Service - H 11:00 Exercise—I 1:00 Walking Club - H 1:30 Bingo - B</p>	<p>25 1:30 Saturday Matinee - HIB</p>
<p>26</p>	<p>27 10:00 Exercise-H 10:30 Exercise – B 11:00 Exercise—I 11:30 Short Walk W/C- I 1:00 Walking Club - B 1:30 Bingo – I</p> <p>Beltone Hearing Aid Checks H-I-B</p>	<p>28 Beauty Shop – H 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise - I 11:00 Catholic Communion 11:30 Short Walk W/C – I 1:00 Euchre – I 1:00 Bridge - B 1:15 Bingo – H 3:00 Tai Chi</p>	<p>29 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise—I 1:00 Nature Walk - HIB Beauty Shop – I</p>	<p>30 9:15 Ethical Discussion 9:30 Library 10:00 Exercise--H 10:30 Exercise --B 11:00 Exercise--I 11:30 Lunch Club – H I B 11:30 Short Walk W/C- I 1:00 Vegetable Garden - I Beauty Shop – B</p>	<p>Oct 1 9:00 Church Service – B 10:00 Church Service - I 10:00 Exercise—H 10:30 Exercise --B 11:00 Church Service - H 11:00 Exercise—I 1:00 Walking Club - H 1:30 Bingo - B</p>	<p>Oct 2 1:30 Saturday Matinee-HIB</p>